

Harvest Moon Personal Retreat

September 29, 2012

9:30 AM – 8:00 PM

University Unitarian Universalist Society
11648 McCulloch Road, Orlando, FL 32817

Time for
now!
☺



"Harvest Goddess," Holly Sierra

September brings us the Harvest Moon!

This is the time of year when the last of the crops are being gathered from the fields and stored for the winter. It is also the time to prepare hearth and home for the coming months ahead.

Join us at a day retreat designed to help prepare yourself in mind, body, heart, and spirit to harvest insights from the year before and prepare yourself to meet the challenges ahead in the coming year.

SCHEDULE 9:30 AM - Welcome / Registration

- 10 AM – Opening Ritual
- 11 AM – Craft - Making Personal Mini Altars
- 12 PM – Lunch
- 1 PM – The Body
- 2 PM – The Mind
- 3 PM – The Heart
- 4 PM – The Spirit / Soul
- 5 PM – Finish Craft and Sharing
- 6 PM – Closing Ritual & Potluck to follow

ITEMS TO BRING

- ❖ Wear comfortable clothes
- ❖ Your Lunchbox
- ❖ Potluck Dish to share at dinner
- ❖ Craft Supplies for working with paper/wood
- ❖ Special Item or photo for Group Altar

COST = Your Pick!

- \$20 – You + contribution to scholarship fund
- \$10 – Just You
- \$5 – You + a potluck dish
- \$0 – While space allows, nobody will be turned away for lack of funds.

REGISTRATION

Workshop limited to 40 students

To RSVP please email
mysticgrove@orlandouu.org