


YOUR REYNARD CHARMS

Call upon the cunning and daring of Reynard the Fox to improve your own intuition and your ability to cope with challenging situations.

honey spell

Honey has always been seen as magical – the result of industrious bees having worked in harmony. Many animals, just like Reynard, love honey for the instant energy it gives them.

 If you are at a low ebb, get a pot of honey and say, "Like Reynard, bless me with your power. The energy to continue from this hour, my goal to blossom like a flower". As you do this see the honey glowing with golden energy



and pour it into a cup of boiling water. Visualise its golden energy filling the cup, making an invigorating tonic to energise you and help complete your task.

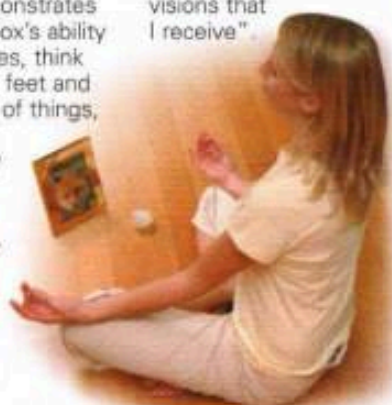
Bless a pot of honey by calling upon Reynard, then enjoy eating it!

GLASS SCRYING

The glass globe in the story of Reynard's promise to the queen was imaginary, but as a magic symbol it represents a crystal ball for scrying – enabling the fortune teller to see anywhere. The full narrative demonstrates the cunning Fox's ability to use his wiles, think quickly on his feet and learn all sorts of things, which reveal his receptivity to intuition.

Ask the spirit of the Fox to enhance your powers of intuition if you scry in a glass ball.

 Before scrying in a glass ball, reflect for a few minutes on the cunning and wisdom of the Fox, and then say, "May I be wise and see truly, like Reynard in his cunning ways, gaining solutions through the visions that I receive".



BADGER LOYALTY

One of the reasons Reynard is able to get away with so much mischief is because of the faithful support of his nephew. Badgers are noted for their family loyalty and tough spirit in folklore, as well as their otherworldliness. If you feel you are not doing

enough to support a family member or friend, call on Grimbart the Badger to help you.


 During the dark Moon, make two black badger stripes over your eyes with eyeliner and imagine yourself being filled with firm courage and loyalty. As you feel this happening, say, "Steady Badger, loyal and true, for your aid I call on you".

Paint your eyes like a badger and invoke the loyalty of Grimbart.



fox charm


Do you ever feel that people around you are being underhanded in order to take advantage? In such a situation a fox can always turn the tables, as Reynard shows so well.

 On the full Moon draw a fox on a piece of paper. On the back write in red pen, "I will be as cunning as Reynard the Fox".

 Hold the charm in your hands, while

Make a fox charm and empower it with Reynard's cunning.

you chant for several minutes, "As cunning as Reynard I will be, all manipulations to rebound from me".

 Visualise a red fox as you do this and blur the colour of its fur in your mind's eye. Imagine this haze of red filling the charm.

